**Attractions:**   
There is so much to do on Jamaica’s beautiful island. Take a day trip to Ocho Rios and climb Dunns River Falls. Stop by and explore the Green Grotto Caves at Discovery Bay where Columbus landed. Travel to the Ipswitch Caves and see the Appleton Rum Factory. Whats a visit to Jamaica without visiting the Rose Hall where the White Witch of the Rose Hall looms. You also have to go rafting on the Rio Grande. Party at the numerous night clubs at Montego Bay or just spend a night dining on the Black River under the stars.

**[](http://www.google.com/imgres?q=jamaica+location&hl=en&biw=1024&bih=541&tbm=isch&tbnid=s1vh6xCKrAnvMM:&imgrefurl=http://www.islandbrides.com/destination/Jamaica/maps/18/&docid=y1STnQEaTZIVQM&w=400&h=319&ei=2ESTTqr2G4TqrQe5xeyvAQ&zoom=1)Culture/Art**

Rituals such as the famed Nine Night after the death of a loved one are a popular tradition. Jamaican art does not usually focus on history; however, Jamaicans use sculptures, paintings, collages, and craft works to express everyday life.

[](http://www.google.com/imgres?q=jamaica+black+river+safari&hl=en&biw=1024&bih=541&tbm=isch&tbnid=B7gOsdJelylNfM:&imgrefurl=http://alfredjesse.com/blog/2008/01/23/aj-and-robby-on-black-river-safari-in-jamaica/&docid=sRKyf-H7qs5JWM&w=640&h=480&ei=C0WTTvCFM4TJrAezq6CdAQ&zoom=1)[](http://www.google.com/imgres?q=jamaican+art&hl=en&biw=1024&bih=541&tbm=isch&tbnid=HC8_03cALpx7YM:&imgrefurl=http://www.galleryofwestindianart.com/&docid=bmV18d8NVYKQGM&w=127&h=160&ei=u0OTTtSDHcHprAfWwdmVAQ&zoom=1)

***[](http://www.google.com/imgres?q=jamaica&hl=en&sa=X&biw=1024&bih=571&tbm=isch&prmd=imvns&tbnid=Gl2Ya8tNIUlpMM:&imgrefurl=http://www.breezes.com/destinations/jamaica/&docid=1xbCgi1KuB2BwM&w=692&h=352&ei=RCaTTq2bBeOUiQfEvYWgDg&zoom=1&iact=rc&dur=187&page=1&tbnh=100&tbnw=197&start=0&ndsp=8&ved=1t:429,r:2,s:0&tx=94&ty=36)***

**Location**

Jamaica is an island in the Caribbean Sea located south of Cuba

**Recreation and outdoor activities:**

[](http://www.google.com/imgres?q=jamaica+Ackee+and+saltfish&hl=en&biw=1024&bih=541&tbm=isch&tbnid=3XeV9BPzdrUsxM:&imgrefurl=http://kagaki.aminus3.com/image/2007-07-12.html&docid=G_V7Va-Ss_Z9xM&w=640&h=480&ei=kEWTTonmE8iqrAfs1OiIAQ&zoom=1)Jamaica has many outdoor activities including sports fishing, scuba diving, water rafting, Black River Safari, water tubing, mountain climbing, and bicycle tours.

**[](http://www.google.com/imgres?q=jamaican+bulla&um=1&hl=en&biw=1024&bih=541&tbm=isch&tbnid=dRl882WAtPbZnM:&imgrefurl=http://thecharacterdepot.blogspot.com/2011/04/b-is-for-believability.html&docid=7iZk52CzKZjC6M&w=200&h=150&ei=JU6TTpGLJ4PIrQf7qoSKAQ&zoom=1)[](http://www.google.com/imgres?q=jamaican+bammy&um=1&hl=en&sa=X&biw=1024&bih=541&tbm=isch&tbnid=C8fOHffPppiVjM:&imgrefurl=http://members.virtualtourist.com/m/p/m/1bebf8/&docid=ToNIf-oMJ9zKLM&w=658&h=492&ei=v02TTq9PyeGsB-zxsZsB&zoom=1)Food  
Jamaica is not only known for its beauty or list of activities, it also has excellent food. Here are some dishes you have to try. Enjoy!**  
[Ackee and salt fish](http://www.jamaicans.com/cooking/traditional/ackee.shtml) - The national breakfast dish is ackee and salt fish. It looks and taste like scrambled eggs.   
Bammy -A type of fried bread served with fried fish.  
[Bulla](http://www.jamaicans.com/cooking/cakes/bulla.shtml) - A spicy bun.  
[Bun](http://www.jamaicans.com/cooking/seasonal/easterbun.shtml) -A spicy bread eaten with cheese, it is a great Easter dish.

[](http://www.google.com/imgres?q=jamaica&hl=en&sa=X&biw=1603&bih=783&tbm=isch&prmd=imvns&tbnid=MKLrmI97uNDtkM:&imgrefurl=http://sarus003.wikispaces.com/Jamaican+Patois&docid=1ErNk9j2LY3toM&w=350&h=245&ei=hWOPTseaFsTh0QGl7KU4&zoom=1)

**Population/Ethnic Groups:**

**2,731,832 (July 2005 EST.)**

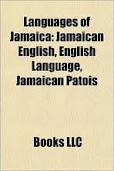
**90.9% Black, 1.3% East Indian,**

**0.2% White, 0.2% Chinese,**

**7.3% Mixed, 0.1% Other**

**Languages:**

**English, patois English**

[](http://www.google.com/imgres?q=jamaican+language&hl=en&sa=X&biw=1603&bih=783&tbm=isch&tbnid=ONwuvKhmRXz6eM:&imgrefurl=http://www.barnesandnoble.com/w/languages-of-jamaica-books-llc/1026986201&docid=gKfyY6n1hLNegM&w=185&h=278&ei=a2mPTv79K8zK0AHCgpk3&zoom=1&iact=rc&dur=1&page=4&tbnh=130&tbnw=98&start=102&ndsp=36&ved=1t:429,r:4,s:102&tx=53&ty=39)

**Religions: Protestant 61.3% (Church of God 21.2%, Baptist 8.8%, Anglican 5.5%, Seventh-Day Adventist 9%, Pentecostal 7.6%, Methodist 2.7%, United Church 2.7%, Brethren 1.1%, Jehovah's Witness 1.6%, Moravian 1.1%), Roman Catholic 4%, other including some spiritual cults 34.7%**

**[](http://www.google.com/imgres?q=jamaica+religion&hl=en&biw=1024&bih=541&tbm=isch&tbnid=L6BSQEiGRdVxsM:&imgrefurl=http://www.jamaicanculture.com.jm/religion.htm&docid=8mQP9erEDYwb2M&w=577&h=300&ei=r0eTTvStFMWsrAfc_dnODQ&zoom=1)**

**[](http://www.google.com/imgres?q=jamaica+montego+bay&hl=en&biw=1024&bih=541&tbm=isch&tbnid=s5Qle10-W_CRIM:&imgrefurl=http://www.hotelplanner.com/Hotels/241853-Montego-Bay/Deal-The-Ritz-Carlton-Rose-Hall-Jamaica-One-Ritz-Carlton-Dr-&docid=-vJhSHi_fyqdLM&w=300&h=300&ei=5UiTToKNKsfprQeUhIy1AQ&zoom=1)Setting:  
Jamaica has many mountains, beautiful beaches, and also coastal plains. The lowest point is at the Caribbean Sea (0m) and the highest point is the Blue Mountain (2,256m). Ocho Rios is a very important place in Jamaica and has many attractions and things to experience including Tower Cloisters, Chukka Cove, Safari Tours, and the Cranbook Flower Forest. Another place that will make your day is Montego Bay. It is the second largest city in Jamaica. The Rose Hall is one of many important places to visit in Montego Bay.**

[](http://www.google.com/imgres?q=jamaica+transportation&hl=en&biw=1024&bih=541&tbm=isch&tbnid=yF0Q1_9RMLoWYM:&imgrefurl=http://www.jutatoursjamaica.com/Tours&Attractions_1.htm&docid=xl0AOCdTWte64M&w=350&h=233&ei=TEmTTqPjD8ftrAfzg_i9AQ&zoom=1)**Transportation:**  
Since Jamaica is over 4,442 square miles there are many ways to travel within the wonderful Country. You can choose to travel by bus, taxi, rental vehicle, or plane. Jamaica also has a transport service specifically for visitors. Jamaica Union of Travelers Association, JUTA, is equipped with cars, buses, coaches, and luxury vehicles. Have railways, highways, ports and harbors, and airports with paved and unpaved roads.

Major Cities:

1.)Kingston-Capital  
2.)Montego Bay  
3.)Negril  
4.)Ocho Rios  
5.)Port Antonio  
6.)New Kingston  
7.)Portmore  
8.)Spanish Town

Climate:  
The average temperature is 82, with the temperature rising in the afternoon. Jamaica is also home to northeasterly trade winds that will help keep you cool. Tropical; hot, humid; temperate interior hurricanes (especially July to November)

[](http://www.google.com/imgres?q=jamaica+blue+mountains&hl=en&biw=1024&bih=541&tbm=isch&tbnid=NS_FmuIjh6yUOM:&imgrefurl=http://caljavacoffee.com/coffee/single-origins/americas/jamaica-blue-mountain/&docid=E2WFr4egMj4iVM&w=400&h=300&ei=ckiTTt7HJ8HSrQeT1cmEAQ&zoom=1)

**Historic sites in Jamaica**

1.)the Morant Bay Court House

2.)the Milk River and Bath Mineral Spas

3.)the Rose Hall Great House

4.)the town of [Port Royal](http://www.my-island-jamaica.com/port_royal_jamaica.html)

5.) The Blue Mountains

***Jack Pastor***